



# Mommy & Me Journal Topic Ideas



## Serving Whole Heartedly

Write out this Scripture:

“Serve whole-heartedly as if you were serving the Lord, not men.” Ephesians 6:7

Share from your heart:

Tell your child of a time you had to serve in a specific area and you learned the importance of serving for the purpose of pleasing God, not man. Share times when you did not have a right attitude about service and how that affected your relationships.

Exhortation:

Encourage your child to do their chores as if doing them for God and not man. Encourage them to have a right attitude when serving their siblings and parents in order to bring God glory. Warn them against serving for the wrong reasons.

Ask this question: In what area of your chores will you try to serve God this week?

Children I have done this with:

## Enduring Trials

Write out this Scripture:

“Consider it pure joy whenever you face trials of many kinds...” James 1:2

Share from your heart:

Tell your child of a time that God brought a trial into your life. Share how hard it was and share the good that God brought from it.

Exhortation:

Encourage your child to look at trials in their life as assignments from God. Tell them the purpose of trials in refining us and drawing us closer to God. Warn them against resisting God in our trials.

Ask this question: What is a trial you are facing right now in your life?

Children I have done this with:

## Quarreling Over Words

Write out this Scripture:

“Warn them before God against quarreling about words; it is of no value and only ruins those who listen.” 2 Timothy 2:14

Share from your heart:

Tell your child of a time where you quarreled about words with your spouse or a friend. Share how this hurt your relationship.

Exhortation:

Encourage your child to be very careful about how they use their words. Warn them against ‘ruining’ younger siblings by quarreling in front of them.

Ask this question: How could you help your siblings to not quarrel this week?

Children I have done this with:

## Complaining & Arguing

Write out this Scripture:

“Do everything without complaining and arguing so that you may become blameless and pure...” Philippians 2:14-15

Share from your heart:

Tell your child of a time that you were very tempted to complain or argue about a situation. Share why you chose not to and why.

Exhortation:

Encourage your child to stop complaining and arguing. Challenge them to go one full day without complaining about any situation. Remind them that we desire to be blameless and pure before God.

Ask this question: When is a time you were tempted to complain?

Children I have done this with:

## Joyfulness in all Circumstances

Write out this Scripture:

“Be joyful always; pray continually; give thanks in all circumstances for this is God’s will for you in Christ Jesus.” 1 Thessalonians 5:16-18

Share from your heart:

Tell your child of a difficult time in your life that you still had joy in. Share also of a trial that you did not have joy in –compare the two.

Exhortation:

Encourage your child to obey God’s command of being joyful always. Remind them that God does not give commands that are impossible to obey.

Ask this question: What helps you to be joyful in all circumstances?

Children I have done this with:

## Responding to Correction

Write out this Scripture:

“He who heeds discipline shows the way to life, but whoever ignores correction leads other astray.” Proverbs 10:17

Share from your heart:

Tell your child of a time when you were corrected. Share how hard it was to respond well and how you desire to respond to correction well.

Exhortation:

Encourage your child to listen to correction and show the way of life to others. Warn them against ignoring correction.

Ask this question: When was a time you ignored correction? What happened?

Children I have done this with: